

INSTITUTE OF LIFETIME LEARNING Fall, 2003

CHRISTMAS PARTY

Thursday, December 4th
12:30 PM

Ho! Ho! Ho! The annual Christmas Party will be held Thursday, December 4th at the Brown Center, Earle Wright Room. The Christmas Party will be held at 12:30 p.m.

Come join us for food, fun and fellowship!! The Readers' Theater group always has a great program and St. Nick usually appears with treats too. The cost for the luncheon will be \$7.50.

PROTECTING YOUR MONEY

Wednesday, October 15th
2:30 – 4:30 PM

Be sure to enroll in the special class offered this fall on "Protecting Your Money". Sid Terry and Dan Topping from Wichita will cover valuable information that will help you with financial planning.

Some of the topics to be discussed are:

- Tax laws and how they affect you
- Planning for long term care expenses
- Investment choices - getting better returns on your investments

This special class will be held Wednesday, October 15th in the Kerr Technology Building, Room 115. It will be presented from 2:30 – 4:30 p.m. Space is limited so be sure to sign up for this class at enrollment!!!

FALL ENROLLMENT

Thursday, August 21st
1:00 – 4:00 PM

Enrollment for the Fall Semester will be held Thursday, August 21, 2003 from 1-4 p.m. in the Brown Center, Earle Wright Room. Additional classes may be added at the main campus and outreach centers.

Fees for classes and trips are paid at enrollment. There is a \$5.00 registration fee and \$2.00 per class fee. Some classes have additional costs as listed in the schedule.

Be sure to bring your mailing labels to use on your enrollment form and sign up sheets. This saves writing your name over and over and speeds up enrollment. Enrollment by telephone accepted after August 21st.

REFUND POLICY

CLASSES: Refunds are not given if you are unable to attend a class. However, you may transfer to another class if space is available.

TRIPS: Refunds for trips are given only for family emergency, illness or death in family. We greatly appreciate a substitute in your place if at all necessary.

For Your Information

Class Limits – Several classes have small class limits. Please understand we will try to provide the class again if there is enough interest. Exercise Class will have three sessions this semester. You may sign up for one or two sessions only to allow everyone the opportunity to participate in this class.

New ILL Teachers – This semester we have several new faces. They are Debbi Davidson, Sid Terry, and Dan Topping. Many thanks to all our teachers for their time and talents.

On-line Education Courses – Classes begin each month! These courses are being offered for continuing education or personal enrichment. Some of the classes available on-line are Creating Web Pages, Getting Organized with Outlook, Photoshop, Write Your Life Story, Travel Writing, Personal Financial Planning, Poetry, and many others. Each course runs for 6 weeks and consists of 12 lessons. For more information, please contact Janice Stover or log on at:
www.ed2go.com/cowley

Important Dates

August 21 – ILL Enrollment
October 16-19 – Fall Musical
October 24-26 – Arkalalah Celebration
November 20 – Jazz Band Concert
November 26-28 – Thanksgiving Break
December 1 – Endowment Association Annual Meeting & Concert
December 7 – Annual Vespers Christmas Concert
December 23 - January 4 – Christmas Break

Educational Trips

Wichita – Thursday, September 25

The annual trip to the Senior Expo will include Botanica, Indian Center, and the Art Center. Special music, fashion shows, and exhibits are available throughout the day. Depart from Ireland Hall at 8:30 a.m. Cost is \$15 plus lunch.

Guthrie, OK – Friday, October 10th

Our tour to Guthrie will start with a trolley ride through the Guthrie Historic District. Then we will have a buffet lunch at Granny Had One. The afternoon will include a tour of the Scottish Rite Temple. There will also be time to explore shops and other museums on your own. Depart Ireland Hall at 7:30 a.m. and return late afternoon. Cost is \$30. Lunch included.

Mulvane, KS – November 21st

The trip to Mulvane is sure to be fun and interesting, as we will attend the Mystery Dinner Theater at Wyldewood Cellars Winery. Cheese and wine tasting is also available before the dinner. Depart Ireland Hall at 4:30 p.m. Cost is \$30. Includes dinner and show.

Wichita – Friday, December 12th

The last trip for the semester will include a guided tour of “The Castle Inn Riverside” aka the Campbell Castle. The castle has 14 unique rooms and 12 fireplaces and will be decorated for Christmas. There will also be some shopping time and/or other stops to special holiday events. Depart from Ireland Hall at 8:30 a.m. Cost is \$20 plus meals.

Trip Refund Policy -Refunds for trips are given only
For family emergency, illness, or death in family.

September 2003

Preserving Family Heritage – Thursday, September 4, 11, & 18. 1:30 – 3:30 p.m., Brown Center – Room 135. Margaret Neal, Instructor. This class will look at a variety of ways to preserve your family history through stories, pictures, and recipes. Information on organizing and planning a scrapbook will also be discussed.

This & That – Tuesday, September 9, 16, 23, 30, October 7 and 14, 3:30 – 4:30 p.m., KTB 115. Darlene Brown, Instructor. Each session will have a guest speaker and cover a variety of topics. The topics this semester are “Alice Blue Gown” by Betty Burton, “Dissertation on the American Flag” by Maxine Earle, “Something Medical” by Dr. Ed Zimmerman, “Care, Feeding and Winterizing of Pets” by Dr. Tamara Zimmerman, “Life and Times of a Park Ranger” by Bill Stewart and “Get Up and Get Goin’” by Carolee Hower.

Exploring Piano – Monday, September 8, 15, 22, 29, October 6, 13, 20, & 27. 1:00 – 2:00 p.m., Brown Center, Piano Lab - Room 207. Melba Maechtlen, Instructor. Learn the basics of playing the piano in this special group piano class. This class is for those with little or no experience in playing the piano. A \$25 book for this class will be available at first class session.

Exercise – Session I – Monday & Wednesday, September 8, 10, 15, 17, 22, 24, 29 October 1. 1:30 – 2:30 pm. Brown Center – 132. Gina McKown, Instructor. Class participants will work on the joint area and flexibility. Basic stretching, kickboxing, yoga, and using vita bands will also be explored.

Woodcarving – Tuesday, September 9, 16, 23, 30, October 7 & 14, 1:30 – 3:00 p.m. Cherokee Strip Museum. Chuck Hill, Instructor. One class carvers. Carving tools are needed for this class.

Swimming – Session I – Tuesday & Thursday, September 9, 11, 16, 18, 23, 25, 30, & October 2, 9:30 – 10:30 a.m. Arkansas City High School Pool. Debbie Davison, Instructor.

Computer Basics – Saturday, September 27 and October 4, 9:30 – 11:30 a.m. Kerr Technology Building, Room 109. Roberta White, Instructor. This first class will focus on computer basics, terms, windows, and word processing. Getting online, searching techniques and exploring websites will be covered in the second session.

Creative Handbags – Tues., September 30, 9:00 a.m. – 3:00 p.m., Winfield Center, 8th and Gary. Sue Carpenter – Instructor. This is a great bag for shopping or traveling and can be made from denim to upholstery fabric. The bag has two outside pockets plus handy pen pocket. Basic sewing supplies and machine required.

October, 2003

Exercise – Session II – Monday & Wednesday, Oct. 6, 8, 13, 15, 20, 22, 27 & 29, 1:30 – 2:30 pm. Gina McKown, Instructor. (See Session I)

Swimming – Session II – Tuesday & Thursday, October 7, 9, 14, 16, 21, 23, 28, & 30, 9:30 – 10:30 a.m. Arkansas City High School Pool. Debbie Davison, Instructor. (See Session I)

Basic Computers – Thursday, October 2, 9, 16, 23, & 30, 3:00 – 4:30 p.m. Kerr Technology Building – Room 111. JoLynne Olsen, Instructor. Learn the tools and techniques to operate your computer! This class will cover basic computer skills from turning on the computer to adding pictures and art to your documents.

Walking for Fun – Tuesday, October 7, 14, 21, & 28, 10:00 – 11:00 a.m., Ireland Hall. Barbara Hettenbach, Instructor. Enjoy walking around Arkansas City with friends and learning more about your community.

AARP 55 Alive Driver Safety – Wednesday & Thursday, October 9 & 10, 1:00 – 5:00 p.m. Kerr Technology Building – Room 115. Ed Hanna, Instructor. This is an eight-hour classroom refresher course for experienced motorists age 50 and older. There is a \$10.00 fee to cover class handouts. Class size is limited.

Protecting Your Money – Wednesday, October 15th, 2:30-4:30 p.m., Kerr Technology Building – Room 115. Sid Terry and Dan Topping, Instructors. One session program to assist you with financial planning. Information on tax laws, investments, and estate planning will be covered.

Memory Quilts – Thursday, Oct. 16, 23, & 30, 1:30 – 3:30 p.m., Brown Center – Room 135. Margaret Neal, Instructor. Create a memory quilt for a friend or family member using photos or special t-shirts. A variety of photo transfer techniques will be discussed during this class.

Cardigan Sweatshirts – Tuesday, October 21 & 28, 9:00 a.m. – 3:00 p.m., Winfield Center. Sue Carpenter, Instructor. In this class you will create an attractive lightweight jacket from an ordinary sweatshirt. It can be dressy or casual. Basic sewing supplies and sewing machine are needed. Supply list available at enrollment.

November, 2003

Holiday Gifts & Decorations – Monday, November 3, 10, 17, & 24, 1:30 – 3:00 p.m., Kerr Technology Building – Room 115.

Margaret Neal, Instructor. Get ready for the holidays by making simple tree decorations and gifts from brown paper bags, fabrics, and notions. Participants will also make Gingerbread houses for special gifts.

Computer Photoshop – Wednesday, October 29, November 5, 12, & 19, 2:30 – 4:00 p.m., Kerr Technology Building – Room 109. Bill Stewart, Instructor. Learn the basics of working with photographs as well as tips on saving and sending photos to family and friends.

Exercise – Session III – Monday & Wednesday, Nov. 3, 5, 10, 12, 17, 19, & 24, 1:30 – 2:30 p.m., Brown Center – Room 132. Gina McKown, Instructor. (See Session I)

Swimming – Session III – Tuesday & Thursday, November 4, 6, 11, 13, 18, 20, & 25, 9:30 – 10:30 a.m. Arkansas City High School Pool. Debbie Davison, Instructor. (See Session I)

Beginning Bridge – Tuesday & Thursday, October 29 & 31, November 5 & 7, 2:30–4:00p.m. KTB - Room 115. Jack and Jeanne Baird, Instructors. Classes will be based on skill levels.

Readers' Theater – Tuesday, November 5, 19, 26, and December 3, 1:30 – 2:30 p.m., Kerr Technology Building – Room 115. Darlene Brown, Instructor. Class participants have a great time performing readings and short plays. The class plans program for the Christmas Party.

Exploring Word Processing –Saturday, November 8. 9:30 – 11:30 am. Roberta White, Instructor. This class will focus on using the word processing program. Basic computer skills required.

AARP 55 Alive Driver Safety –

Wednesday & Thursday, November 12 & 13,
1:00 – 5:00 p.m. Wellington Senior Center,
308 S. Washington. Ed Hanna, Instructor. (See
October Class) There is a \$10.00 fee to cover
class handouts. Class size is limited.