



Golden Tigers

COWLEY COLLEGE

ALASKA CRUISE

Thirty nine people participated in the Golden Tigers trip to Alaska this summer. We left from Vancouver, Canada and stopped at Ketchikan, Juneau, Skagway and Sitka, Alaska.

It was a great trip and we would like to share our trip highlights with you. Margaret Neal will be offering a class this fall on highlights of our 49th state.

COWLEY COLLEGE PARKING REGULATIONS

Beginning August 1st it will be required that Cowley College students, faculty and staff display a valid parking registration sticker on their vehicle while on college property.

Parking registration stickers will be available at enrollment or in the Admissions Office. Please complete the enclosed parking registration form and bring to enrollment so you can get your sticker at enrollment.

There will be no fee for the first sticker but additional stickers or duplicate stickers will cost one dollar each.

Stickers should be placed on the lower right corner of your front windshield.

FALL ENROLLMENT Tuesday, August 28th

Enrollment for the Fall Semester will be held on Tuesday, August 28, 2007 from 1:00 – 4:00 p.m. in the Brown Center, Earle Wright Room. You may enroll by phone or mail after August 28th.

Fees for classes and trips are paid at enrollment. There is a \$5.00 registration fee and \$2.00 per class fee. Some classes have additional costs or supplies needed.

Here are some guidelines for enrollment:

- Complete the enrollment form. Be sure to include your Cowley ID number, date of birth, middle name.
- Put your label or write your name on all class and trip sign up sheets.
- Fill out the “Consent & Release Form” if participating in any trips.
- Complete form for Cowley Parking sticker if you have classes on campus.

REFUND POLICY

CLASSES: Refunds are not given if you are unable to attend a class. However, you may transfer to another class if space is available.

TRIPS: Refunds for trips are given only for family emergency, illness or death in family. We greatly appreciate a substitute in your place if at all necessary.

Office Hours: Mon. – Thurs., 8:30 – 12:00 Noon

Enrollment: Tuesday, August 28, 2007, 1:00 – 4:00 p.m. – Brown Center

Questions: Call 620-441-5286 or email neal@cowley.edu

FOR YOUR INFORMATION

Class Attendance – Class attendance is not required: however, instructors work hard to prepare for these classes. Please let your instructor know if you cannot attend a class session.

New Teachers – This semester Marilyn McSpadden will be teaching quilting classes. Many thanks to all our teachers for giving their time and talent to our program.

Relay for Life – The Golden Tigers helped raise money for the Cowley College team this year. The Cowley team received the GOLD AWARD. The Board Members held a garage sale in May and a Crop for Cancer day in March to help raise funds for the relay team. Clarice Henderson, Ruth Weston and Margaret Neal participated on the Cowley Relay for Life team. Thanks so much for your support of this project.

Classes & Trips – Plans have not been finalized for all the classes and trips. Be sure to check for any changes at enrollment.

Name Change – Our name was officially changed to Cowley Golden Tigers last spring. We will be ordering shirts this fall with our new logo. Check them out at enrollment!!

ID Numbers – Cowley ID numbers have been used for several semesters. The ID number is a 999 number followed by a randomly assigned six-digit number. If you have taken classes in the last few years we will have your number available. Social Security numbers can also be used.

Important Dates

August 28 – Enrollment

October 25 - 26 – Fall Break

November 21-24 – Thanksgiving Break

December 18 - January 2 – Christmas Break

EDUCATIONAL TRIPS

Monday, September 17th – Wichita, KS

The Museum of World Treasures will be our first stop. You will be amazed as you discover the ten real dinosaurs, two Egyptian Royal mummies, the American Presidents exhibit and an extensive military exhibit. Music and Hollywood Stars, Sports Hall of Fame and a Wild West exhibit are other displays. We will have a box lunch at the museum and then head to the Sedgwick County Zoo to see animals in imaginative and naturalistic settings. You won't want to miss the new Penguin Cove!! We will depart at 8:30 a.m. and return by 5:00 p.m. Cost - \$35 (includes lunch)

Tuesday, October 16th – Oklahoma City

Oklahoma is celebrating their 100th Anniversary this year and we will have the opportunity to learn more about this state at the Oklahoma History Center. This museum has more than 2000 artifacts reflecting Oklahoma's past. Next we will head to Bricktown for the Water Taxi ride and lunch. We also will visit the Oklahoma City National Memorial and Museum. The bus will depart at 7:00 a.m. and return by 7:00 p.m. Cost - \$30 plus lunch.

Friday, October 26th – Oklahoma City

If you enjoy art, crafts, antiques and food, be sure to sign up for "An Affair of the Heart" show in Oklahoma City. This is one of the largest arts and crafts shows in the United States and is well known for the quality and variety of merchandise. The show occupies seven buildings with nearly 1000 exhibitors. The bus will depart at 7:00 a.m. and return early evening. Cost - \$25 plus lunch.

Friday, December 7th – Mulvane, KS

This holiday season we will travel to Mulvane to the Wyldewood Cellars Winery & Gift Shop. After a buffet dinner, we will enjoy a holiday program by the Wyldewood Players. Dessert is served during intermission. Bus will depart at 5:00 p.m. and return by 10:30 p.m. Cost is \$40 (includes dinner)

Office Hours: Mon. – Thurs., 8:30 – 12:00 Noon

Enrollment: Tuesday, August 28, 2007, 1:00 – 4:00 p.m. – Brown Center

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September, 2007

Exercise – (Session I) – Monday & Wednesday, September 5, 10, 12, 17, 19, 24 & 26, 1:30 – 2:30 pm., Brown Center – Room 132. Gina McKown, Instructor. Class participants will work on the joint area and flexibility. Basic stretching, kickboxing, yoga, and using vita bands will also be explored.

Aqua Fun – (Session I) – Tuesday & Thursday, September 4, 6, 11, 13, 18, 20, 25 & 27, 9:30 – 10:30 a.m., Family Aquatics Center, ACHS. Debbi Davidson, Instructor. Participants will be led by trained personnel through a series of specially designed exercises that can help increase joint flexibility and improve mobility. There will be a \$3.00 pool fee for this class.

Beginning Woodcarving – Tuesday, September 4, 11, 18, 25, October 2 & 9, 1:30 – 2:30 p.m., Cherokee Strip Museum. Linda Kenzy, Instructor. This class is for beginning carvers. Additional supplies and tools needed for this class.

Advanced Woodcarving – Tuesday, September 4, 11, 18, 25, October 2 & 9, 2:30 - 4:00 p.m., Cherokee Strip Museum. Linda Kenzy, Instructor. This class is for advanced carvers. Additional supplies and tools needed for this class.

Autumn Blooms Wallhanging – Tuesday, September 11th, 9:00 a.m. – 4:00 p.m., Ark City Senior Center. Marilyn McSpadden, Instructor. Class participants will make 3-dimensional flowers (sunflowers, mums, daisies, balloon flowers, etc.) and arrange on a background square in a pumpkin vase. Fabrics, sewing machine and basic sewing supplies will be needed. Supply list available at enrollment.

Computer Skills for Today – Wednesday, September 12, 19, 26 and October 3, 10 & 17, 2:30 – 4:00 p.m., Webb-Brown Academic Center, Room 105. Larry Schwintz, Instructor. Learn the basic computer skills you need to survive in today's

society. You'll discover practical applications for email, word processing, spreadsheets and databases.

Memories in Minutes – Thursday, September 13, 20, 27 and October 4, 1:30 – 3:30 p.m., Webb-Brown Academic Center – Room 205. Margaret Neal, Instructor. Whether you have family or vacation photos, learn easy steps to create that special memory keepsake. Class members will create a photo card, simple layouts and digital options for your keepsakes. There will be a \$10 fee for class supplies.

Alaska Highlights – Monday, September 24, October 1 and 8, 1:30 – 3:00 p.m., Webb-Brown Academic Center – Room 205. Margaret Neal, Instructor. Class participants will learn more about the history and sights of our 49th state. Anchorage, Ketchikan, Juneau, Skagway and Sitka are towns we will explore.

October, 2007

Exercise – (Session II) – Monday & Wednesday, October 1, 3, 8, 10, 15, 17, 22, 24, 29 & 31, 1:30 – 2:30 p.m., Brown Center – Room 132. Gina McKown, Instructor. (See Session I)

Aqua Fun – (Session II) – Tuesday & Thursday, October 2, 4, 9, 11, 16, 18, 23, & 30. 9:30– 10:30 a.m., Family Aquatics Center, ACHS. Debbi Davidson, Instructor. There will be a \$3.00 pool fee for this class. (See Session I)

AARP Driver Safety – Thursday and Friday, October 11 & 12, 1:00 – 5:00 p.m., Webb-Brown Academic Center – Room 206. Ed Hanna, Instructor. This is an eight-hour classroom refresher course for experienced motorists. You must attend both sessions to receive certificate. There is a \$10.00 fee to cover class handouts.

Creating a Photo Story – Tuesday, October 23, 30 and November 6, 2:30 – 4:00 p.m., Webb-Brown Academic Center - Room 105. Larry Schwintz, Instructor. Bring out the best in your images! Photo Story is a free software program that you can use to

create a picture story. Great for graduation, birthday, wedding and retirement pictures. Some computer experience highly recommended for this class.

Pinwheel Quilt – Thursday, October 18th, 9:00 a.m. – 1:00 p.m., Ark City Sr. Center. This quilt project features 3-dimensional pinwheels and looks great in patriotic fabrics, Amish colors, pastels, brights and Christmas prints. It is a fast and easy design to make!! Makes a great doll quilt or baby quilt. Fabrics, sewing machine and basic sewing supplies needed.

This & That – Tuesday, October 23, 30, November 6, 13, 20 and 27, 3:30 – 4:30 p.m., Webb-Brown Academic Center – Room 205. Margaret Neal, Instructor. Each session will have a guest speaker and cover a variety of topics.

Quilter's Tote - Tuesday, October 30 & Nov. 6, 9:00 a.m. – 3:00 p.m., Ark City Senior Center, Sue Carpenter, Instructor. Make a tote to carry all your sewing supplies. The tote will hold an 18"x24" mat, rulers, books and fabric. A companion carryall features three large pockets and will hold other supplies. Basic sewing supplies & machine needed. Supply list available at enrollment.

November, 2007

Exercise – (Session III) – Monday & Wednesday, November 5, 7, 12, 14, 19, 26 and 28, 1:30 - 2:30

p.m., Brown Center – Room 132. Gina McKown, Instructor. See Session I.

Aqua Fun – (Session III) – Tuesday & Thursday, November 1, 6, 8, 13, 15, 20, 27 & 29, 9:30 – 10:30 a.m., Family Aquatics Center, ACHS. Debbi Davidson, Instructor. There will be a \$3.00 pool fee for this class. (See Session I)

Gardening – Monday, November 5, 12, 19, & 26, 1:30 – 2:30 p.m., Webb-Brown Academic Center – Room 205. Jeremy Nelson, Instructor. This class

will explore many aspects of gardening. Holiday house plants and planning your spring garden will be discussed. The class will be informal and have "hands-on" activities.

Advanced Photo Story – Tuesday, November 13, 20 and 27, 2:30 – 4:00 p.m., Webb-Brown Academic Center – Room 105. Larry Schwintz, Instructor. You will learn more about the photo story program during this session. Music will be added and tips for making your story more professional. Computer experience and Creating a Photo Story class is highly recommended.

Holiday Cards & More – Thursday, November 1, 8, 15 & 29, 1:30 – 3:30 p.m., Webb-Brown Academic Center, Room 205. Margaret Neal, Instructor. This class will feature cards and gift items that are fun and easy to make. An altered rolodex file (great address or recipe file) and tree ornaments as well as special cards will be made in this class. There will be a \$10 class fee for this class and additional supplies may be needed.

Chenille Chill Chaser – Thursday, November 15, 9:00 a.m. – 3:00 p.m., Ark City Senior Center, Sue Carpenter, Instructor. With just a few simple steps you can transform a plaid flannel fabric into a cuddly chenille scarf or hat. Other fabrics can be used but plaid flannels are recommended. Fabrics, basic sewing supplies and sewing machine are needed for this class. Supply list available at enrollment.