

INSTITUTE OF LIFETIME LEARNING Spring, 2004

SPRING PICNIC

Tuesday, May 4th
12:30 PM

The annual Spring Picnic will be held Tuesday, May 4th at the Brown Center, Earle Wright Room. Lunch will be served at 12:30 p.m.

Come join us for food, fun and fellowship!! The Readers' Theater group always has a great program and it is an excellent time to visit with other ILL participants and guests. The cost for the luncheon will be \$7.50.

AARP 55 ALIVE

DRIVER SAFETY PROGRAM

April 14th & 15th

The AARP 55 Alive Driver Safety Program teaches you about the normal, age-related changes that interfere with vision, hearing, and physical strength that influence driving ability and attitudes, and the impact of medications when driving.

This class will be held Wednesday and Thursday, April 14th & 15th in Winfield. Ed Hanna from Wichita will teach the class. The sessions will be held at the Winfield Center, 8th and Gary, from 1:00 – 5:00 p.m. each day. **You must attend both days to complete the course and receive your certificate.** There is \$10.00 fee to cover class handouts. Class size is limited.

SPRING ENROLLMENT

Thursday, January 22nd
1:00 – 4:00 PM

Enrollment for the Spring Semester will be held Thursday, January 22, 2004 from 1-4 p.m. in the Brown Center, Earle Wright Room. Enrollment by phone or mail accepted after January 22nd.

Be sure to bring your mailing labels to use on your enrollment form and sign up sheets. Social Security numbers and date of birth are very important for student records and must be listed on all ILL enrollment forms.

Fees for classes and trips are paid at enrollment. There is a \$5.00 registration fee and \$2.00 per class fee. Some classes have additional costs as listed in the schedule.

REFUND POLICY

CLASSES: Refunds are not given if you are unable to attend a class. However, you may transfer to another class if space is available.
TRIPS: Refunds for trips are given only for family emergency, illness or death in family. We greatly appreciate a substitute in your place if at all necessary.

Office Hours: Mon.- Thurs., 8:30 – 12:00 Noon
Phone 441-5286 or 1-800-593-2222 Ext. 5286
Enrollment: February 21, 2001, 1-4 p.m. Brown Center

For Your Information

Class Schedule – Classrooms have not been secured for ILL classes yet. Some classrooms may be changed at enrollment.

Class Limits – Several classes have small class limits. Please understand we will try to provide the class again if there is enough interest.

ILL Trips – Trips will be offered on different days this semester. Cowley buses are used for many activities and they are very busy on Thursday and Friday.

New ILL Teachers – This semester we have several new faces. They are Tom Mason, Iris David, Debbie Williams, Norman Smith, and Linda Johnson. Many thanks to all our teachers for their time and talents.

Classes in Eastern Cowley County – This semester watch for classes to be offered in Burden. Please call for more information about these classes.

On-line Education Courses – Classes begin each month! These courses are being offered for continuing education or personal enrichment. Some of the classes available on-line are Creating Web Pages, Getting Organized with Outlook, Photoshop, Write Your Life Story, Travel Writing, Personal Financial Planning, Poetry, and many others. Each course runs for 6 weeks and consists of 12 lessons. For more information, please contact Janice Stover or log on at: www.ed2go.com/cowley

Educational Trips

Monday, March 15th – Mystery Trip
North, South, East, or West – What's your guess?? It's sure to be fun for everyone, so don't delay and sign up today!!! Comfortable clothes and shoes are always recommended. Depart from Ireland Hall at 7:30 a.m. and return early evening. Cost is \$25 plus lunch.

Thursday, April 8th – South Central KS

This trip will take us to several towns in South Central Kansas. The first stop will be at Karg Art in Kechi for a tour and coffee break. Then head for Newton to visit The Carriage Factory and Kaufman Museum. The Copper Shed in Marion will be our last stop. Depart Ireland Hall at 7:30 a.m. and return late afternoon. Cost is \$30. Lunch included.

Thursday, April 29 – Benton, KS

A great evening is planned for our trip to the Prairie Rose near Benton, KS. In addition to a delicious meal and music, the group will enjoy the Hopalong Cassidy Cowboy Museum, Roy Rogers movies, train ride and wagon rides. The bus will depart at 4:00 p.m. and arrive back around 11:00 p.m. Cost is \$35. Includes dinner.

Wednesday, May 12th – Sedan, KS

Our last trip will follow the yellow brick road to Sedan, KS. Our tour will include several stops including the Sugar Mining Candy Factory and the Art of the Prairie Gallery. We will head to the Red Buffalo Ranch for a great chuck wagon lunch and wagon ride. We will also hear a cowboy poet. Depart Ireland Hall at 8:30 a.m. and return late afternoon. Cost is \$30. Includes lunch.

**Trip Refund Policy -Refunds for trips are given only
For family emergency, illness, or death in family.**

**Office Hours: Mon.- Thurs., 8:30 – 12:00 Noon
Phone 441-5286 or 1-800-593-2222 Ext. 5286
Enrollment: February 21, 2001, 1-4 p.m. Brown Center**

February, 2004

Exercise – Session I – Monday & Wednesday, February 2, 4, 9, 11, 16, 18, 23 & 25, 1:30 – 2:30 pm. Brown Center – Room 132. Gina McKown, Instructor. Class participants will work on the joint area and flexibility. Basic stretching, kickboxing, yoga, and using vita bands will also be explored.

Aqua Fun – Session I – Tuesday & Thursday, February 3, 5, 10, 12, 17, 19, 24, & 26, 9:30 – 10:30 a.m. Family Aquatics Center. ACHS Debbie Davidson, Instructor. Participants will be led by trained personnel through a series of specially designed exercises that can help increase joint flexibility and improve mobility. It is not necessary to know how to swim.

So You Want to Write!! – Wednesday, February 4, 11, 18 & 25, 1:30 – 2:30 p.m., Brown Center – Room 135. Iris David, Instructor. Whether you want to write for fun or just for information, you'll enjoy learning basic tips for successful writing.

Quick Quilts – Thursday, February 5, 12, 19, & 26, 1:30 – 3:30 p.m., KTB – Room 122. Margaret Neal, Instructor. This class will feature a simple heart wall hanging and a lovely quilt that is easy even for beginners. Basic sewing supplies and machine will be needed. Supply list available at enrollment.

Exploring Piano – Monday, February 9, 16, 23, March 1, 8, 15, 29, and April 5. 1:00 – 2:00 p.m., Brown Center, Piano Lab - Room 211. Melba Maechtlen, Instructor. Learn the basics of playing the piano in this special group piano class. **This class is for those with little or no experience in playing the piano.** A \$25 book for this class will be available at first class session.
Woodcarving – Tuesday, February

10, 17, 24, March 2, 9, & 16, 1:30 – 3:00 p.m. Cherokee Strip Museum. Chuck Hill, Instructor. One class for beginning and advanced carvers. Carving tools are needed for this class.

This & That – Tuesday, February 10, 17, 24, and March 2, 9, & 16, 3:30 – 4:30 p.m., KTB 115. Margaret Neal, Instructor. Each session will have a guest speaker and cover a variety of topics. The topics this semester are “Alice Blue Gown” by Betty Burton, “Dissertation on the American Flag” by Maxine Earle, “Something Medical” by Dr. Ed Zimmerman, “Care, Feeding and Winterizing of Pets” by Dr. Tamara Zimmerman, “Life and Times of a Park Ranger” by Bill Stewart and “Get Up and Get Goin’” by Carolee Hower.

Painting for Enjoyment – Wednesday, February 11, 18, 25, and March 3, 10, & 17, 2:00 – 4:00 p.m. Winfield Center. Debbie Williams, Instructor. Participants will learn basic techniques of oil painting during this class. Supply list available at enrollment.

Beginning Bridge – Tuesday & Thursday, , 2:30–4:00p.m. KTB - Room 122. Jack and Jeanne Baird, Instructors. Classes will be based on skill levels.

March, 2004

Exercise – Session II – Monday & Wednesday, March 1, 3, 8, 10, 15, 17, 29, & 31, 1:30 – 2:30 pm. Gina McKown, Instructor. (See Session I)

Aqua Fun – Session II – Tuesday & Thursday, March 2, 4, 9, 11, 16, 18, 30 and April 1, 9:30 – 10:30 a.m. Family Aquatics Center. ACHS Debbie Davidson, Instructor. (See Session I)

Improve Your Photos - Wednesday, March 3, 10, 17, & 31, 2:30 – 4:00 p.m., Brown Center – Room 135. Norman Smith, Instructor. Explore film and digital photography and how to improve both using the computer and simple digital techniques. Participants will have some film and development expenses for this class.

Creative Accessories – Tues., March 9 & 16, 9:00 a.m. – 3:00 p.m., Winfield Center, 8th and Gary. Sue Carpenter – Instructor. Creative accessories for your home or for gifts will be made during this class. Supply list available at enrollment. Basic sewing supplies and machine required.

Computer Basics – Saturday, March 13, 9:30 – 3:00 p.m. Wellington Center, Margaret Neal – Instructor. The morning class will focus on computer basics, terms, windows, and word processing. Getting online, searching techniques and exploring websites will be covered in the afternoon session.

Appliquéd Garment – Tuesday, March 30, 9:00 a.m. – 3:00 p.m., Winfield Center. Sue Carpenter, Instructor. An adorable bunny design will be used to add a special touch to a basic sweatshirt or denim shirt in this one day workshop. Basic sewing supplies and sewing machine are needed. **Supply list available at enrollment**

April, 2004

How to Take Great Photos!! – Thursday, April 1, 8, 15, 22, & 29, 2:30 – 4:00 p.m. Winfield Center, 8th & Gary. Linda Johnson, Instructor. This class will focus on basic tips for taking pictures with point and shoot cameras. Cropping, angle of view, rule of thirds, and using flash will be discussed. Class participants will take pictures weekly and will have film and film development each week.

Basic Computers – Thursday, April 1, 8, 15, 22, and 29, 3:00 – 4:30 p.m. Kerr Technology Building – Room 111. JoLynne Olsen, Instructor. Learn the tools and techniques to operate your computer! This class will cover basic computer skills from turning on the computer to adding pictures and art to your documents.

Exercise – Session III – Monday & Wednesday, April 5, 7, 12, 14, 19, 21, 26, 28, 1:30 - 2:30 p.m., Brown Center – Room 132. Gina McKown, Instructor. (See Session I)

Aqua Fun – Session III – Tuesday & Thursday, April 6, 8, 13, 15, 20, 22, 27, & 28, 9:30 – 10:30 a.m. Family Aquatics Center. ACHS. Debbi Davidson, Instructor. (See Session I)

Preserving Family Heritage – Tuesday, April 6, 13, 20, & 27. 1:30 – 3:30 p.m., Winfield Center, 8th & Gary. Margaret Neal, Instructor. This class will look at a variety of ways to preserve your family history through stories, pictures, and recipes. Information on planning and organizing a scrapbook will also be discussed

AARP 55 Alive Driver Safety – Wednesday & Thursday, April 14 & 15, 1:00 – 5:00 p.m. Winfield Center – 8th & Gary. Ed Hanna, Instructor. This is an eight-hour classroom refresher course for experienced motorists age 50 and older. There is a \$10.00 fee to cover class handouts. Class size is limited.

Readers' Theater – Tuesday, , 2:30 – 3:30 p.m., Kerr Technology Building – Room 115. Tom Mason, Instructor. Class participants have a great time performing readings and short plays. The class plans program for the Spring Picnic.