



**COWLEY COLLEGE  
& Area Vocational Technical School**

**COURSE PROCEDURE FOR**

**FIRST AID & CPR  
ALH6323 3 Credit Hours**

**Student Level:**

This course is open to students on the college level in either the freshman or sophomore year.

**Catalog Description:**

**ALH6323 - FIRST AID & CPR (P) (3 hrs)**

Cause, prevention, and first aid care of life-threatening respiratory and cardiac emergencies and non-life-threatening emergencies for infant, children, and adults as outlined by the American Red Cross. An additional charge will be assessed to the student for an American Red Cross Card.

**Prerequisite:**

None

**Controlling Purpose:**

This course is designed to show the student how to deal with respiratory emergencies that could lead to cardiac arrest, how to give first aid for cardiac emergencies, also to obtain knowledge for prevention and first aid treatment of common emergencies as outlined by The American Red Cross.

**Learner Outcomes:**

Upon completion of this course the student will be able to perform life-saving and non-life-saving techniques on adults, children, and infants.

**Units Outcomes and Criterion Based Evaluation Key for Core Content:**

The following defines the minimum core content not including the final examination period. Instructors may add other content as time allows.

Evaluation Key:

- A = All major and minor goals have been achieved and the achievement level is considerably above the minimum required for doing more advanced work in the same field.
- B = All major goals have been achieved, but the student has failed to achieve some of the less important goals. However, the student has progressed to the point where the goals of work at the next level can be easily achieved.
- C = All major goals have been achieved, but many of the minor goals have not been achieved. In this grade range, the minimum level of proficiency represents a person who has achieved the major goals to the minimum amount of preparation necessary for

taking more advanced work in the same field, but without any major handicap of inadequacy in his background.

- D = A few of the major goals have been achieved, but the student's achievement is so limited that he is not well prepared to work at a more advanced level in the same field.
- F = Failing, will be computed in GPA and hours attempted.
- N = No instruction or training in this area.

<b>UNIT I: PERSONAL SKILLS AND TIME MANAGEMENT</b>						
Outcomes: The student will gain an understanding of personal skills and time management.						
A	B	C	D	F	N	Specific Competencies The student will demonstrate the ability to:
						set priorities in which several tasks will be accomplished.
						attend class regularly and arrive on time for class.
<b>UNIT II: SPEAKING CLASS</b>						
Outcomes: The student will gain an ability to more effectively interact with others.						
A	B	C	D	F	N	Specific Competencies The student will demonstrate the ability to:
						speak effectively to give instructions for life saving and non-life saving techniques.
						stay abreast of the new techniques available.
<b>UNIT III: BASIC FIRST AID</b>						
Outcomes: The student will develop abilities to help others who require basic emergency treatment.						
A	B	C	D	F	N	Specific Competencies The student will demonstrate the ability to:
						perform lifesaving and non lifesaving techniques in case the need arises.
<b>UNIT IV: LISTENING SKILLS</b>						
Outcomes: The student will develop better listening skills.						
A	B	C	D	F	N	Specific Competencies The student will demonstrate the ability to:
						demonstrate appropriate listening skills to be able to obtain knowledge through video, instructor, and students.
<b>UNIT V: GROUP EFFECTIVENESS SKILLS</b>						
Outcomes: The student will develop enhanced abilities to interact with others.						

A	B	C	D	F	N	Specific Competencies
						The student will demonstrate the ability to: work in groups of two or more in performing skills.
<b>UNIT VI: COMMUNITY CPR AND FIRST AID</b>						
Outcomes: The student will develop abilities to help others who require basic emergency treatment.						
A	B	C	D	F	N	Specific Competencies
						The student will demonstrate the ability to: perform life threatening and non-life threatening techniques on infants, children and adults.

**Projects Required:**

None

**Textbook:**

Contact Bookstore for current textbook.

**Materials/Equipment Required:**

None

**Attendance Policy:**

Students should adhere to the attendance policy outlined by the instructor in the course syllabus.

**Grading Policy:**

The grading policy will be outlined by the instructor in the course syllabus.

**Maximum class size:**

Based on classroom occupancy

**Course Time Frame:**

The U.S. Department of Education, Higher Learning Commission and the Kansas Board of Regents define credit hour and have specific regulations that the college must follow when developing, teaching and assessing the educational aspects of the college. A credit hour is an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally-established equivalency that reasonably approximates not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work for approximately fifteen weeks for one semester hour of credit or an equivalent amount of work over a different amount of time. The number of semester hours of credit allowed for each distance education or blended hybrid courses shall be assigned by the college based on the amount of time needed to achieve the same course outcomes in a purely face-to-face format.

**Refer to the following policies:**

[402.00 Academic Code of Conduct](#)

[263.00 Student Appeal of Course Grades](#)

[403.00 Student Code of Conduct](#)

**Disability Services Program:**

Cowley College, in recognition of state and federal laws, will accommodate a student with a documented disability. If a student has a disability which may impact work in this class and which requires accommodations, contact the Disability Services Coordinator.