



**COWLEY COLLEGE
& Area Vocational Technical School**

COURSE PROCEDURE FOR

**Ballet I
DAN2792 1 Credit Hour**

Student Level:

This course is open to all students on the college level.

Catalog Description:

DAN 2792 BALLETT I (1 hr)

Strength, flexibility, and poise. Those are only a few of the things that are required of ballet dancers. Students will gain an understanding and knowledge of the dance form that is the foundation of every genre of dance. This course teaches students the discipline and technique needed for ballet.

Prerequisites:

DAN2752 Introduction to Dance or instructor approval

Controlling Purpose:

This course is designed to help the student increase their knowledge of classical ballet. This class will enable the student to develop specified ballet dance skills and styles within ballet. Students will gain an understanding of steps, vocabulary and variations of dance choreography, which will prepare them for professional and non-professional auditions. In addition, stage presence, movement, confidence and poise will be stressed.

Learner Outcomes:

Upon completion of the course, the student will be able to demonstrate various, yet distinct dance elements pertaining to ballet dance forms and should have improved their personal level of rhythm, balance, power, coordination.

Units Outcomes and Criterion Based Evaluation Key for Core Content:

The following outline defines the minimum core content not including the final examination period. Instructors may add other material as time allows.

Evaluation Key:

- A = All major and minor goals have been achieved and the achievement level is considerably above the minimum required for doing more advanced work in the same field.
- B = All major goals have been achieved, but the student has failed to achieve some of the

less important goals. However, the student has progressed to the point where the goals of work at the next level can be easily achieved.

- C = All major goals have been achieved, but many of the minor goals have not been achieved. In this grade range, the minimum level of proficiency represents a person who has achieved the major goals to the minimum amount of preparation necessary for taking more advanced work in the same field, but without any major handicap of inadequacy in his background.
- D = A few of the major goals have been achieved, but the student's achievement is so limited that he is not well prepared to work at a more advanced level in the same field.
- F = Failing, will be computed in GPA and hours attempted.
- N = No instruction or training in this area.

UNIT 1: BALLET FUNDAMENTALS						
Outcomes: The students will be able to define and demonstrate general ballet technique and steps.						
A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Differentiate between different ballet forms.
						Define and use ballet terminology and technique.
						Execute ballet combinations.
						Become familiar with classical ballet music and movement.

UNIT 2: REHEARSAL TECHNIQUES						
Outcomes: Students will be able to identify and actively put to use education-based rehearsal techniques.						
A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Follow and implement given instructions.
						Perform various ballet choreography.
						Utilize appropriate dance attire and jargon.

UNIT 3: PERFORMANCE

Outcomes: Student will demonstrate the ability to perform competently in public.

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Implement what was learned in rehearsals.
						Function in their role and relationship to their group in terms of coordination, rhythm and stage presence.
						Accurately perform the demands of each piece of dance (style, expression, rhythm, tempo and character).
						Critique their performance for strengths and weaknesses.

Textbook:

None

Materials/Equipment Required:

Ballet shoes

Attendance Policy:

Students should adhere to the attendance policy outlined by the instructor in the course syllabus.

Grading Policy:

The grading policy will be outlined by the instructor in the course syllabus.

Maximum class size:

Based on classroom occupancy

Course Time Frame:

The U.S. Department of Education, Higher Learning Commission and the Kansas Board of Regents define credit hour and have specific regulations that the college must follow when developing, teaching and assessing the educational aspects of the college. A credit hour is an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally-established equivalency that reasonably approximates not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work for approximately fifteen weeks for one semester hour of credit or an equivalent amount of work over a different amount of time. The number of semester hours of credit allowed for each distance education or blended hybrid courses shall be assigned by the college based on the amount of time needed to achieve the same course outcomes in a purely face-to-face format.

Refer to the following policies:

[402.00 Academic Code of Conduct](#)

[263.00 Student Appeal of Course Grades](#)

[403.00 Student Code of Conduct](#)

Disability Services Program:

Cowley College, in recognition of state and federal laws, will accommodate a student with a documented disability. If a student has a disability which may impact work in this class which requires accommodations, contact the Disability Services Coordinator.