



**COWLEY COLLEGE  
& Area Vocational Technical School**

**COURSE PROCEDURE FOR**

**THEORY OF COACHING BASKETBALL I  
HPE6334 2 Credit Hours**

**Student Level:**

This course is open to students on the college level in either the Freshman or Sophomore year.

**Catalog Description:**

**HPE6334 - THEORY OF COACHING BASKETBALL I (2 hrs)**

Provides instruction in fundamental skills of coaching, individual and team play, organization of practices, and the handling of teams during the competitive seasons of basketball. Emphasis is placed on the ability of the coach to teach, exercise leadership, negotiate internal team problems, organize and communicate necessary information pertinent to team success, monitor team progress, utilize problem solving and decision making skills, maintain ethical standards and responsibility for team actions, and clearly demonstrate skills necessary for effective communication and motivation of the team.

**Prerequisites:**

Instructor approval

**Learner Outcomes:**

Upon completion of this course, the student should be able to demonstrate competencies in:  
Theory of Coaching Basketball.

**Units Outcomes and Criterion Based Evaluation Key for Core Content:**

The following outline defines the minimum core content not including the final examination period. Instructors may add other material as time allows.

**Evaluation Key:**

- A = All major and minor goals have been achieved and the achievement level is considerably above the minimum required for doing more advanced work in the same field.
- B = All major goals have been achieved, but the student has failed to achieve some of the less important goals. However, the student has progressed to the point where the goals of work at the next level can be easily achieved.
- C = All major goals have been achieved, but many of the minor goals have not been achieved. In this grade range, the minimum level of proficiency represents a person who has achieved the major goals to the minimum amount of preparation necessary for taking more advanced work in the same field, but without any major handicap of

- inadequacy in his background.
- D = A few of the major goals have been achieved, but the student's achievement is so limited that he is not well prepared to work at a more advanced level in the same field.
- F = Failing, will be computed in GPA and hours attempted.
- N = No instruction or training in this area.

<b>UNIT 1: TEACHING FUNDAMENTAL SKILLS OF BASKETBALL</b>						
Outcomes: Upon completion of this unit, the students will be able to successfully ...						
A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Define the fundamental and advance skills of basketball and team concepts on a written exam.

<b>UNIT 2: EXERCISING LEADERSHIP OF A GROUP ACTIVITY</b>						
Outcomes: Upon completion of this unit, the students will be able to successfully...						
A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Develop fundamental and advanced sample workouts for basketball and lead fellow classmates through the workout.

<b>UNIT 3: NEGOTIATING INTERNAL TEAM PROBLEMS</b>						
Outcomes: Upon completion of this unit, the students will be able to successfully...						
A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Develop a list of appropriate methods to negotiate internal team problems for basketball.

**UNIT 4: CONVEYING CURRENT & RELEVANT SPORT-SPECIFIC INFORMATION**

Outcomes: Upon completion of this unit, the students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Present reviews of five current basketball coaching magazine articles.
						Present a review of a basketball coaching book.

**UNIT 5: MONITORING TEAM PROGRESS**

Outcomes: Upon completion of this unit, the students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Evaluate a video tape of a basketball game.
						Verbally evaluate a video tape to the instructor.

**UNIT 6: UTILIZING PROBLEM SOLVING AND DECISION MAKING SKILLS**

Outcomes: Upon completion of this unit, the students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Evaluate a basketball game situation and make suggestions for changes.

**Projects Required:****Textbook:**

Contact Bookstore for current textbook.

**Materials/Equipment Required:**

**Attendance Policy:**

Students should adhere to the attendance policy outlined by the instructor in the course syllabus.

**Grading Policy:**

The grading policy will be outlined by the instructor in the course syllabus.

**Maximum class size:**

Based on classroom occupancy

**Course Time Frame:**

The U.S. Department of Education, Higher Learning Commission, and the Kansas Board of Regents define credit hour and have specific regulations that the college must follow when developing, teaching, and assessing the educational aspects of the college. A credit hour is an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally-established equivalency that reasonably approximates not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work for approximately fifteen weeks for one semester hour of credit or an equivalent amount of work over a different amount of time. The number of semester hours of credit allowed for each distance education or blended hybrid courses shall be assigned by the college based on the amount of time needed to achieve the same course outcomes in a purely face-to-face format.

**Refer to the following policies:**

[402.00 Academic Code of Conduct](#)

[263.00 Student Appeal of Course Grades](#)

[403.00 Student Code of Conduct](#)

**Disability Services Program:**

Cowley College, in recognition of state and federal laws, will accommodate a student with a documented disability. If a student has a disability which may impact work in this class which requires accommodations, contact the Disability Services Coordinator.