



**COWLEY COLLEGE
& Area Vocational Technical School**

COURSE PROCEDURE FOR

**VARSITY BASKETBALL I
HVS6511 1 Credit Hour**

Student Level:

This course is open to students on the college level in either Freshman or Sophomore first semester of intercollegiate season.

Catalog Description:

HVS6511 - VARSITY BASKETBALL I (P) (1 hr)

Student participation in basketball on an intercollegiate level.

Prerequisites:

None

Controlling Purpose:

This course is offered to provide the student with an opportunity to participate in basketball on an intercollegiate level. Participation, teamwork, and enjoyment of competition will be stressed.

Learner Outcomes:

Upon completion of the course, the student will be able to improve the skills of students participating. Students will learn needed skills and improve upon these skills through daily practices and repetition of drills. Students will gain knowledge in offensive strategy, rules, philosophy, and physical conditioning.

Units Outcomes and Criterion Based Evaluation Key for Core Content:

The following outline defines the minimum core content not including the final examination period. Instructors may add other material as time allows.

Evaluation Key:

- A = All major and minor goals have been achieved and the achievement level is considerably above the minimum required for doing more advanced work in the same field.
- B = All major goals have been achieved, but the student has failed to achieve some of the less important goals. However, the student has progressed to the point where the goals of work at the next level can be easily achieved.
- C = All major goals have been achieved, but many of the minor goals have not been achieved. In this grade range, the minimum level of proficiency represents a person who has achieved the major goals to the minimum amount of preparation necessary for

taking more advanced work in the same field, but without any major handicap of inadequacy in his background.

- D = A few of the major goals have been achieved, but the student's achievement is so limited that he is not well prepared to work at a more advanced level in the same field.
- F = Failing, will be computed in GPA and hours attempted.
- N = No instruction or training in this area.

UNIT 1: PERSONAL DEVELOPMENT SKILLS

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Manage time and the ability to get things done
						To listen and follow directions
						Being able to communicate effectively

UNIT 2: STRENGTH DEVELOPMENT

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Gain strength thru weight training
						Increase stamina thru physical conditioning
						Development mental toughness

UNIT 3: TEAM WORK

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Communicate with teammates, coaches, and others on campus
						Work with people from different backgrounds and cultures
						Work with coaches

UNIT 4: SKILL LEVEL

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						To improve basketball skills including and not limited to: shooting, ball handling, and overall team skills.

UNIT 5: KNOWLEDGE OF BASKETBALL

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Have a general knowledge of the rules of basketball
						Have a general offensive philosophy
						Know general defensive philosophy

Projects Required:**Textbook:**

Contact Bookstore for current textbook.

Materials/Equipment Required:**Attendance Policy:**

Students should adhere to the attendance policy outlined by the instructor in the course syllabus.

Grading Policy:

The grading policy will be outlined by the instructor in the course syllabus.

Maximum class size:

Based on classroom occupancy

Course Time Frame:

The U.S. Department of Education, Higher Learning Commission, and the Kansas Board of Regents define credit hour and have specific regulations that the college must follow when developing, teaching, and assessing the educational aspects of the college. A credit hour is an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally-established equivalency that reasonably approximates not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work for approximately fifteen weeks for one semester hour of credit or an equivalent amount of work over a different amount of time. The number of semester hours of credit allowed for each distance education or blended hybrid courses shall be assigned by the college based on the amount of time needed to achieve the same course outcomes in a purely face-to-face format.

Refer to the following policies:

[402.00 Academic Code of Conduct](#)

[263.00 Student Appeal of Course Grades](#)

[403.00 Student Code of Conduct](#)

Disability Services Program:

Cowley College, in recognition of state and federal laws, will accommodate a student with a documented disability. If a student has a disability which may impact work in this class which requires accommodations, contact the Disability Services Coordinator.