



**COWLEY COLLEGE
& Area Vocational Technical School**

COURSE PROCEDURE FOR

**VARSAITY SOFTBALL I
HVS6531 1 Credit Hour**

Student Level:

This course is open to students on the college level in either Freshman or Sophomore year.

Catalog Description:

HVS6531 - VARSITY SOFTBALL I (P) (1 hr)

Student participation in softball on an intercollegiate level.

Prerequisites:

None

Controlling Purpose:

This course is designed to help the student increase their knowledge concerning participating in softball on the collegiate level. Teamwork, participation, responsibility, and enjoyment of competition are to be stressed.

Learner Outcomes:

Upon completion of the course, the student will be able to display a high degree of skills in softball. Student will learn high level strategies associated with offensive and defensive. Student will also learn positive aspects of teamwork skills.

Units Outcomes and Criterion Based Evaluation Key for Core Content:

The following outline defines the minimum core content not including the final examination period. Instructors may add other material as time allows.

Evaluation Key:

- A = All major and minor goals have been achieved and the achievement level is considerably above the minimum required for doing more advanced work in the same field.
- B = All major goals have been achieved, but the student has failed to achieve some of the less important goals. However, the student has progressed to the point where the goals of work at the next level can be easily achieved.
- C = All major goals have been achieved, but many of the minor goals have not been achieved. In this grade range, the minimum level of proficiency represents a person who has achieved the major goals to the minimum amount of preparation necessary for taking more advanced work in the same field, but without any major handicap of

- D = inadequacy in his background.
 D = A few of the major goals have been achieved, but the student's achievement is so limited that he is not well prepared to work at a more advanced level in the same field.
 F = Failing, will be computed in GPA and hours attempted.
 N = No instruction or training in this area.

UNIT 1: PERSONAL SKILLS AND TIME MANAGEMENT						
Outcomes: Upon Completion of this unit, students will be able to successfully...						
A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Set priorities in which several task will be accomplished
						Regular attendance and be on time for practice, games, and meetings
						Emphasize importance of time management

UNIT 2: SPEAKING SKILLS						
Outcomes: Upon Completion of this unit, students will be able to successfully...						
A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Use communication skills by participation on the field, in the huddle, in the locker rooms, and in the classroom.

UNIT 3: HUMAN RESOURCE MANAGEMENT						
Outcomes: Upon Completion of this unit, students will be able to successfully...						
A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Discuss and experience the positive and negatives of participating in college athletics

UNIT 4: LISTENING SKILLS

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Demonstrate the appropriate listening skills by the performance on the field, dorms, class, and community

UNIT 5: GROUP EFFECTIVENESS

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Being able to work with a group to achieve a common goal.

UNIT 6: KNOWLEDGE OF SOFTBALL

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Develop and maintain good sportsmanship
						Acquire a sense of pride for self, teammates, and college
						Become aware of offensive strategies and when to use them
						Become aware of different defensive strategies and when to use them
						Become aware of what sacrifices are required to make a team one
						Become aware of skill level needed to play intercollegiate softball
						Become aware of different offensive/ defensive strategies opponents use and how to counter them

Projects Required:

Practice 2 ½ hours per day

Attend all games

Textbook:

None

Materials/Equipment Required:

Gloves, specific gear per position, NFCA News paper

Attendance Policy:

Students should adhere to the attendance policy outlined by the instructor in the course syllabus.

Grading Policy:

The grading policy will be outlined by the instructor in the course syllabus.

Maximum class size:

Based on classroom occupancy.

Course Time Frame:

The U.S. Department of Education, Higher Learning Commission, and the Kansas Board of Regents define credit hour and have specific regulations that the college must follow when developing, teaching, and assessing the educational aspects of the college. A credit hour is an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally-established equivalency that reasonably approximates not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work for approximately fifteen weeks for one semester hour of credit or an equivalent amount of work over a different amount of time. The number of semester hours of credit allowed for each distance education or blended hybrid courses shall be assigned by the college based on the amount of time needed to achieve the same course outcomes in a purely face-to-face format.

Refer to the following policies:

[402.00 Academic Code of Conduct](#)

[263.00 Student Appeal of Course Grades](#)

[403.00 Student Code of Conduct](#)

Disability Services Program:

Cowley College, in recognition of state and federal laws, will accommodate a student with a documented disability. If a student has a disability which may impact work in this class which requires accommodations, contact the Disability Services Coordinator.