



**COWLEY COLLEGE
& Area Vocational Technical School**

COURSE PROCEDURE FOR VARSITY SOCCER I

**Varsity Soccer I
HVS 6581 1 Credit Hour**

Student Level:

This course is open to students on the college level in freshman or sophomore fall semester of the intercollegiate season.

Catalog Description:

HVS6581 - VARSITY SOCCER I (1 credit hour)

Students participate in soccer on an intercollegiate level.

Prerequisites:

None

Controlling Purpose:

This course is offered to provide the student with an opportunity to participate in soccer on an intercollegiate level. Participation, teamwork, and enjoyment of competition will be stressed.

Learner Outcomes:

Upon completion of the course, the student will have developed the necessary skills to compete at a high level in intercollegiate soccer. The student will develop skills in the following areas:

- 1) Team Unity
- 2) Physical and Mental Conditioning
- 3) Rules of the Game
- 4) Offensive Strategies
- 5) Defensive Strategies
- 6) Technical Skills

Units Outcomes and Criterion Based Evaluation Key for Core Content:

The following defines the minimum core content not including the final examination period. Instructors may add other content as time allows.

Evaluation Key:

A = All major and minor goals have been achieved and the achievement level is considerably above the minimum required for doing more advanced work in the same field.

Rev: 6/13/2016

DISCLAIMER: THIS INFORMATION IS SUBJECT TO CHANGE. FOR THE OFFICIAL COURSE PROCEDURE CONTACT ACADEMIC AFFAIRS.

- B = All major goals have been achieved, but the student has failed to achieve some of the less important goals. However, the student has progressed to the point where the goals of work at the next level can be easily achieved.
- C = All major goals have been achieved, but many of the minor goals have not been achieved. In this grade range, the minimum level of proficiency represents a person who has achieved the major goals to the minimum amount of preparation necessary for taking more advanced work in the same field, but without any major handicap of inadequacy in his background.
- D = A few of the major goals have been achieved, but the student's achievement is so limited that he is not well prepared to work at a more advanced level in the same field.
- F = Failing, will be computed in GPA and hours attempted.
- N = No instruction or training in this area.

UNIT 1: Team Work						
Outcomes: Upon completion of this unit, the student will be able to successfully						
A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Work with coaches and teammates to achieve common goals.
						Work with people from different backgrounds and cultures
						Work with people on campus and in the community to promote the team, college, and community.

UNIT 2: Personal Development Skills						
Outcomes: Upon completion of this unit, the student will be able to successfully						
A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Manage time and the ability to complete assigned tasks on time, both in the classroom and on the field.
						To listen and follow directions.
						Effectively communicate with others.

UNIT 3: Physical Conditioning

Outcomes: Upon completion of this unit, the student will be able to successfully

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Increase stamina through physical conditioning.
						Increase strength through weight and resistance training.

UNIT 4: Technical skills

Outcomes: Upon completion of this unit, the student will be able to successfully

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Improve soccer skills including, but not limited to: dribbling, shooting, passing, heading, tackling, juggling, trapping, and throwing.

UNIT 5: Knowledge of Soccer

Outcomes: Upon completion of this unit, the student will be able to successfully

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Have a general knowledge of the rules of soccer.
						Have a general knowledge of offensive philosophies of the game.
						Have a general knowledge of defensive philosophies of the game.
						Have a general knowledge of the history of the game.

Projects Required:

Textbook:

Contact Bookstore for current textbook.

Materials/Equipment Required:

Attendance Policy:

Students should adhere to the attendance policy outlined by the instructor in the course syllabus.

Grading Policy:

The grading policy will be outlined by the instructor in the course syllabus.

Criterion Based Evaluation:

Progress: 10%

Participation: 15%

Following Rules: 25%

Attendance: 50%

Maximum class size:

20-25

Course Timeframe:

Total Clock hours per week: 15

Lab hours per day: 3

Days per week: 5

The U.S. Department of Education, Higher Learning Commission and the Kansas Board of Regents define credit hour and have specific regulations that the college must follow when developing, teaching and assessing the educational aspects of the college. A credit hour is an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally-established equivalency that reasonably approximates not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work for approximately fifteen weeks for one semester hour of credit or an equivalent amount of work over a different amount of time. The number of semester hours of credit allowed for each distance education or blended hybrid courses shall be assigned by the college based on the amount of time needed to achieve the same course outcomes in a purely face-to-face format.

Refer to the following policies:

[402.00 Academic Code of Conduct](#)

[263.00 Student Appeal of Course Grades](#)

[403.00 Student Code of Conduct](#)

Disability Services Program:

Cowley College, in recognition of state and federal laws, will accommodate a student with a documented disability. If a student has a disability, which may impact work in this class which requires accommodations, contact the Disability Services Coordinator.