



**COWLEY COLLEGE
& Area Vocational Technical School**

COURSE PROCEDURE FOR

**WOMEN & HEALTH ISSUES
MIN6440 3 Credit Hours**

Student Level:

This course is open to students on the college level in either the Freshman or Sophomore year and to area high school vocational students.

Catalog Description:

MIN6440 - WOMEN AND HEALTH (3 hrs)

A course designed to give women an overview of women's issues regarding health-related topics, germane to political, cultural, sexual, emotional, physical, intellectual, and spiritual arenas, as they relate to women.

Prerequisites:

None

Controlling Purpose:

This course is designed to help the student increase their knowledge concerning health and health related topics, germane to political, cultural, sexual, emotional, physical, intellectual and spiritual arenas, as they relate to women.

Learner Outcomes:

Upon completion of the course, the student will be able to

Units Outcomes and Criterion Based Evaluation Key for Core Content:

The following outline defines the minimum core content not including the final examination period. Instructors may add other material as time allows.

Evaluation Key:

- A = All major and minor goals have been achieved and the achievement level is considerably above the minimum required for doing more advanced work in the same field.
- B = All major goals have been achieved, but the student has failed to achieve some of the less important goals. However, the student has progressed to the point where the goals of work at the next level can be easily achieved.
- C = All major goals have been achieved, but many of the minor goals have not been achieved. In this grade range, the minimum level of proficiency represents a person who has achieved the major goals to the minimum amount of preparation necessary for

taking more advanced work in the same field, but without any major handicap of inadequacy in his background.

- D = A few of the major goals have been achieved, but the student's achievement is so limited that he is not well prepared to work at a more advanced level in the same field.
- F = Failing, will be computed in GPA and hours attempted.
- N = No instruction or training in this area.

UNIT 1: HISTORICAL VIEW OF WOMEN						
Outcomes: Upon completion of this unit, the students will be able to successfully ...						
A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Understand the historical views of women and health.
						Define women's roles in America.
						Gain insight into the feminist movement.
						Examine traditional women's roles.

UNIT 2: GENDER ISSUES						
Outcomes: Upon completion of this unit, the students will be able to successfully ...						
A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Explain social and gender inequality.
						Describe status, role, and expectation.
						Illustrate the various meanings of gender roles.
						Distinguish male and female roles throughout history.

UNIT 3: MEDIA INFLUENCE

Outcomes: Upon completion of this unit, the students will be able to successfully ...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Describe the role of the media on women's issues.
						Give examples of media influence in defining the role of women.
						Portray various female role models in American culture.
						Understand media influence on shaping women's self-images.

UNIT 4: FEMININE ISSUES & DISORDERS

Outcomes: Upon completion of this unit, the students will be able to successfully ...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Define Anorexia, Nervosa, and Bulimia.
						Understand women-related health issues.
						Examine domestic violence.
						Describe female sexuality from puberty through menopause.

UNIT 5: THE MOMMY TRACK

Outcomes: Upon completion of this unit, the students will be able to successfully ...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Define women's roles as wife and mother.
						Understand the complexities of marriage and parenthood
						Describe stress inducers and stress reducers.
						Explain the psychological, physical, and social changes of aging.

Projects Required:

Textbook:

Contact Bookstore for current textbook.

Materials/Equipment Required:

Attendance Policy:

Students should adhere to the attendance policy outlined by the instructor in the course syllabus.

Grading Policy:

The grading policy will be outlined by the instructor in the course syllabus.

Maximum class size:

Based on classroom occupancy

Course Time Frame:

The U.S. Department of Education, Higher Learning Commission, and the Kansas Board of Regents define credit hour and have specific regulations that the college must follow when developing, teaching, and assessing the educational aspects of the college. A credit hour is an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally-established equivalency that reasonably approximates not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work for approximately fifteen weeks for one semester hour of credit or an equivalent amount of work over a different amount of time. The number of semester hours of credit allowed for each distance education or blended hybrid courses shall be assigned by the college based on the amount of time needed to achieve the same course outcomes in a purely face-to-face format.

Refer to the following policies:

[402.00 Academic Code of Conduct](#)

[263.00 Student Appeal of Course Grades](#)

[403.00 Student Code of Conduct](#)

Disability Services Program:

Cowley College, in recognition of state and federal laws, will accommodate a student with a documented disability. If a student has a disability which may impact work in this class which requires accommodations, contact the Disability Services Coordinator.