



**COWLEY COLLEGE
& Area Vocational Technical School**

COURSE PROCEDURE FOR

**GENERAL PSYCHOLOGY
PSY6711 3 Credit Hours**

Student Level:

This course is open to students on the college level in either Freshman or Sophomore year.

Catalog Description:

PSY6711 - GENERAL PSYCHOLOGY (S) (3 hrs)

[KRSN PSY1010]

A general introduction to the scientific study of human behavior as it applies to daily living. The scope of this course includes history, basic theories, biological bases of behavior, development, cognitive processes, individual awareness, motivation, emotion, personal adjustment and social psychology.

The learning outcomes and competencies detailed in this course meet, or exceed the learning outcomes and competencies specified by the Kansas Core Outcomes Project for this course, as sanctioned by the Kansas Board of Regents.

Prerequisites:

None

Controlling Purpose:

This course is designed to help the student understand as our world grows more complex, each individual has an increasing need to know both himself/herself and the world around him/her better. General Psychology is offered as an initial step in aiding each student to identify and become aware of variables that affect his/her own behavior and the behavior of others. The knowledge gained from General Psychology, when applied in individual lives, will allow the learner to become a more productive member of society. This course also will provide a broad foundation of fundamental principles for the learner to build upon through additional courses in the Psychology field.

Learner Outcomes:

Upon completion of this course, the learner completing this General Psychology course will:

1. Gain an appreciation of the scientific methods of Psychology:
2. Gain a readiness to apply those methods in his/her life:
3. Develop skill in evaluating popular accounts of Psychology:
4. Gain an understanding of the variables involved in behavior and how those variables are utilized in affecting behavior:
5. Gain an understanding of the major methods and tools used in the psychology field:

6. Through this understanding, when applied in the situation, the individuals will function in society in a more efficient manner. Also, a greater attitude or understanding of self and others will be gained to be utilized throughout life:
7. Gain a broad-based foundation of fundamental principles in the Psychology field from which to build upon with additional courses in the field.

Core Outcomes:

The learning outcomes and competencies detailed in this course outline or syllabus meet or exceed the learning outcomes and competencies specified by the Kansas Core Outcomes Groups project for this course as approved by the Kansas Board of Regents.

Units Outcomes and Criterion Based Evaluation Key for Core Content:

The following outline defines the minimum core content not including the final examination period. Instructors may add other material as time allows.

Evaluation Key:

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| A | = | All major and minor goals have been achieved and the achievement level is considerably above the minimum required for doing more advanced work in the same field. |
| B | = | All major goals have been achieved, but the student has failed to achieve some of the less important goals. However, the student has progressed to the point where the goals of work at the next level can be easily achieved. |
| C | = | All major goals have been achieved, but many of the minor goals have not been achieved. In this grade range, the minimum level of proficiency represents a person who has achieved the major goals to the minimum amount of preparation necessary for taking more advanced work in the same field, but without any major handicap of inadequacy in his background. |
| D | = | A few of the major goals have been achieved, but the student's achievement is so limited that he is not well prepared to work at a more advanced level in the same field. |
| F | = | Failing, will be computed in GPA and hours attempted. |
| N | = | No instruction or training in this area. |

UNIT 1: PERSONAL MANAGEMENT SKILL

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Attends class on a regular and timely basis.
						Written work displays material discussed in class in a clear, concise manner with few grammatical errors.
						Oral participation in class reflects clear, concise, thought out views.
						Completion of assignment is on or before due date.
						Interpersonal skills reflect the ability to work with large and small groups to reach a common goal.

UNIT 2: THE SCIENCE OF PSYCHOLOGY

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Understand psychology as a discipline.
						Know the goals of psychology.
						Be familiar with research methods used by psychologists.
						Trace the development and growth of psychology as a science.
						Understand the importance of human diversity in psychology.

UNIT 3: THE BIOLOGICAL BASIS OF BEHAVIOR

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Identify the structure and functions of neurons.
						Be familiar with the central and peripheral nervous system.
						Know the characteristics of the endocrine system.
						Understand behavior genetics.

UNIT 4: LEARNING

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Understand the nature of the sensory processes.
						Differentiate between sensory information and perceptual processes.

UNIT 5: STATES OF CONSCIOUSNESS

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Recognize both natural and artificial variations in consciousness.
						Be able to explain how drugs alter consciousness.

UNIT 6: LEARNING

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Know what psychologists mean by learning.
						Be able to recognize examples of both classical and operant conditioning.
						Recognize the processes involved in cognitive learning.

							Describe how learning through observation occurs.
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UNIT 7: MEMORY
 Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Be able to explain the characteristics of the sensory registers.
						Understand what is meant by both short and long term memory, their characteristics, & the information they contain.
						Be aware of special topics in memory.
						Describe what psychologists know about the biological foundations of memory.

UNIT 8: COGNITION AND MENTAL ABILITIES
 Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Be able to identify the building blocks of thought.
						Utilize problem - solving methods in classroom activities.
						Identify the two types of decision making.
						Explain what psychologists mean by reliability and validity.
						Be able to discuss the determinants of intelligence.
						Know the extremes of intelligence.
						Understand what is meant by creativity, how it is assessed and how it is related to intelligence.

UNIT 9: MOTIVATION AND EMOTION
 Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Be familiar with the different perspectives of motivation.
						Know the primary drives.

						Differentiate between stimulus motives and learned motives.
						Describe how motives can be viewed as a hierarchy.
						Recognize the basic emotions, how they're expressed, and the effect on gender on emotional expression.

UNIT 10: LIFE SPAN DEVELOPMENT
 Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies Demonstrate the ability to:
						Trace the processes of development across the life-span (from the prenatal period until death)

UNIT 11: PERSONALITY
 Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies Demonstrate the ability to:
						Understand various theories of personality.
						Understand how psychologists from different are as view the consistency of personality.
						Be familiar with the ways in which personality is accessed.

UNIT 12: STRESS AND HEALTH PSYCHOLOGY
 Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies Demonstrate the ability to:
						Know the sources of stress.
						Understand how to cope with stress.
						Recognize the effect of stress on health.

UNIT 13: PSYCHOLOGICAL DISORDERS

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Distinguish the characteristics that constitute abnormal behavior.
						Be able to identify the types of disorders.
						Describe gender differences in abnormal behavior.

UNIT 14: THERAPIES

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Differentiate between the various types of therapies.
						Be familiar with trends in institutionalization and deinstitutionalization.
						Summarize gender differences in illness & treatment.

UNIT 15: SOCIAL PSYCHOLOGY

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:
						Understand the concept of social cognition
						Describe the components and sources of attitudes.
						Explain how behavior is influenced by society.
						Demonstrate knowledge of social action & its effects.

UNIT 16: SERVICE LEARNING

Outcomes: Upon Completion of this unit, students will be able to successfully...

A	B	C	D	F	N	Specific Competencies
						Demonstrate the ability to:

						Participate in the community as a productive citizen through service learning.
						Develop an understanding of psychological issues in other's lives through participation in the community.
						Explain, through reflection, how service learning is related to concepts learned in the classroom; reflection logs, written papers, class presentations.
						Student must complete no less than 5 hours of service for the semester. Additionally all service projects must be approved through ACES. Instructors will work with ACES to track student hours. Service learning will count for no less than 15% of the final course grade.

Textbook:

Contact Bookstore for current textbook.

Materials/Equipment Required:

None

Attendance Policy:

Students should adhere to the attendance policy outlined by the instructor in the course syllabus.

Grading Policy:

The grading policy will be outlined by the instructor in the course syllabus.

Maximum class size:

Based on classroom occupancy

Course Time Frame:

The U.S. Department of Education, Higher Learning Commission, and the Kansas Board of Regents define credit hour and have specific regulations that the college must follow when developing, teaching, and assessing the educational aspects of the college. A credit hour is an amount of work represented in intended learning outcomes and verified by evidence of student achievement that is an institutionally-established equivalency that reasonably approximates not less than one hour of classroom or direct faculty instruction and a minimum of two hours of out-of-class student work for approximately fifteen weeks for one semester hour of credit or an equivalent amount of work over a different amount of time. The number of semester hours of credit allowed for each distance education or blended hybrid courses shall be assigned by the college based on the amount of time needed to achieve the same course outcomes in a purely face-to-face format.

Refer to the following policies:

[402.00 Academic Code of Conduct](#)

[263.00 Student Appeal of Course Grades](#)

403.00 Student Code of Conduct

Disability Services Program:

Cowley College, in recognition of state and federal laws, will accommodate a student with a documented disability. If a student has a disability which may impact work in this class which requires accommodations, contact the Disability Services Coordinator.