



COVID-19 STUDENT WELLNESS PROTOCOLS

For Students Residing in Campus Housing

Due to the ongoing COVID-19 pandemic, it is imperative each of us exercise responsible precaution to advance the safety and wellness of ourselves, our families, our fellow students, and those in our communities. Students are to continue good sanitary practices such as hand-washing, hand-sanitizing, social distancing, and the wearing of a mask when in public. To this end, students are expected to act responsibly and honestly during this pandemic.

All students are required to perform a self-screening every day before and throughout the day.

Symptoms which are common to the COVID-19 are:

- Fever
- Body aches
- Cough
- Chills
- Shortness of breath
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

In the event a student feels sick OR is experiencing any of the above symptoms, the following protocols apply:

Only One of the Above Symptoms

If you are experiencing only one of the above symptoms, follow local health department guidelines. If current guidelines direct individuals to remain home, contact the Cowley College Health Services Coordinator at 620-441-5236 as well as your instructor and:

- **Remain in your dorm room** until you are *symptom free for 24 hours* **without the use of COVID-19 medication**.*.

***Over-the-counter medications such as Tylenol, Ibuprofen, cough syrups or prescription medication to treat your symptoms.**



Two or More of the Above Symptoms

If you are experiencing two or more of the above symptoms, contact the Cowley College Health Services Coordinator at 620-441-5236 as well as your instructor and:

-Remain in your dorm room until you are symptom free for a minimum period of 72 hours **without the use of COVID-19 medication***.

***Over-the-counter medications such as Tylenol, Ibuprofen, cough syrups or prescription medication to treat your symptoms**

In the meantime, students are **strongly** encouraged to be tested at the local County Health Department, especially if there are active and ongoing cases of COVID-19 in the county.

Once tested, the student is to remain isolated in their dorm room until the test result has been obtained. If a student receives a negative test result and the student is symptom-free for 24 hours, the student is eligible to return to class at that time, thus, overriding the requirement to be symptom-free without the use of medication for 72 hours.

Note: Students tested for COVID-19 must receive a negative test result and are expected to provide official documentation to the Office of Academic Affairs prior to returning to class. Individual identity, disclosures and medical information will be kept confidential in accordance with HIPAA and the Americans with Disabilities Act (ADA).

In the event a student tests positive for COVID-19, the student will be remain isolated in their dorm room or other designated housing and follow the directives of the applicable health department before being eligible to return to class.

Exposure to COVID-19 – The applicable County Health Department will notify you if you have been exposed to COVID-19. Please follow all guidance provided by the County Health Department. If you are required to self-isolate, the County Health Department will provide you with official documentation stating such. Notify the Cowley College Health Services Coordinator as well as your instructor and provide a copy of this documentation to the Office of Academic Affairs. When you are cleared to return to class, please provide to the Office of Academic Affairs a copy of the official documentation from the County Health Department stating that you may return to class.

If you have any questions, please contact Jason O'Toole, Executive Director of Student Affairs at 620-441-5253.