



COVID-19 STUDENT WELLNESS PROTOCOLS

For Students NOT Residing in Campus Housing

Due to the ongoing COVID-19 pandemic, it is imperative each of us exercise responsible precaution to advance the safety and wellness of ourselves, our families, our fellow students, and those in our communities. Students are to continue good sanitary practices such as hand-washing, hand-sanitizing, social distancing, and the wearing of a mask when in public. To this end, students are expected to act responsibly and honestly during this pandemic.

All students are required to perform a self-screening every day before and throughout the day.

Symptoms which are common to the COVID-19 are:

- Fever
- Body aches
- Cough
- Chills
- Shortness of breath
- Sore throat
- New loss of taste or smell
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

In the event a student feels sick OR is experiencing any of the above symptoms, the following protocols apply:

Only One of the Above Symptoms

If you are experiencing only one of the above symptoms, follow local health department guidelines. If current guidelines direct individuals to remain home, contact your instructor and:

- **Remain at home** until you are *symptom free for 24 hours without the use of COVID-19 medication**.

****Over-the-counter medications such as Tylenol, Ibuprofen, cough syrups or prescription medication to treat your symptoms.***



**COWLEY
COLLEGE**

Two or More of the Above Symptoms

If you are experiencing two or more of the above symptoms, contact your instructor and:

-Remain at home until you are symptom free for a minimum period of 72 hours ***without the use of COVID-19 medication****.

****Over-the-counter medications such as Tylenol, Ibuprofen, cough syrups or prescription medication to treat your symptoms***

In the meantime, students are ***strongly*** encouraged to be tested at their local County Health Department, especially if there are *active and ongoing* cases of COVID-19 in the student's home county.

Once tested, the student is to remain self-isolated until the test result has been obtained. If a student receives a negative test result and the student is symptom-free **for 24 hours**, the student is eligible to return to class at that time, thus, overriding the requirement to be symptom-free without the use of medication for 72 hours.

Note: Students tested for COVID-19 must receive a negative test result and are expected to provide official documentation to the Office of Academic Affairs prior to returning to class.

Individual identity, disclosures and medical information will be kept confidential in accordance with HIPAA and the Americans with Disabilities Act (ADA).

In the event a student tests positive for COVID-19, the student will self-isolate and follow the directives of the applicable health department before being eligible to return to any college location.

Exposure to COVID-19 – The applicable County Health Department will notify you if you have been exposed to COVID-19. Please follow all guidance provided by the County Health Department. If you are required to **self-isolate**, the County Health Department will provide you with official documentation stating such. Notify your instructor and provide a copy of this documentation to the Office of Academic Affairs. When you are cleared to return to class, please provide to the Office of Academic Affairs a copy of the official documentation from the County Health Department stating that you may return to class.

If you have any questions, please contact Dr. Michelle Schoon, Vice President of Academic Affairs at 620-441-5204.