

CHILDREN & YOUTH

Early Childhood Programs (316) 682 - 1853
Big Brothers/Big Sisters of Sedgwick County, Inc (316) 263 - 3300
Boys & Girls Club of South Central Kansas, Inc. (316) 687 - 5437
Boy Scouts of America (Quivira Council) (316) 264 - 3386
CASA of Sedgwick County (316) 866 - 2920
Child Advocacy Center (316) 660 - 9494
Children's Services – MHA (316) 685 - 1821
Pando Initiative (316) 973 - 5110
Connecting Point (316) 267 - 3535
Girl Scouts of the Kansas Heartland (316) 684 - 6531
Girls & Boys Town National Hotline (800) 448 - 3000
4H Youth Program (316) 660 - 0100
Healthy Babies – Sedgwick County Health Dept. (316) 660 - 7433
Heartspring (316) 634 - 8700
Kansas Children's Service Leagues (316) 942 - 4261
Kansas Society for Children with Challenges (316) 262 - 4676
Parent Helpline (800) 332 - 6378
Parents as Teachers (316) 973 - 5160
Rainbows United, Inc.(316) 267 - 5437
Saint Francis Ministries (316) 831 - 0330
Dept for Children & Families (Abuse) (800) 922 - 5330
Volunteer Center, United Way of the Plains (316) 267 - 0202
Wichita Children's Home (316) 684 - 6581
WIC (Women, Infants, & Children) Program (316) 660 - 7444
Wichita Area Sexual Assault Center (WASAC) (316) 263 - 3002
YMCA (316) 264 - 1610

Sedgwick County Resources

Cowley College is committed to providing opportunities for learning excellence, personal achievement, and community engagement.

This resource guide is to provide our students with valuable information and resources to increase their quality of life and assist in times of crisis.

Please reach out to the admissions office if you have any questions about the content of this handout.

Cowley College Resources



532 S Market St
Wichita, KS

Phone: 316.683.6013
&/or 211 for more information

**Resource
Guide**

SHELTER

Homeless Shelters/Transitional Housing*

- St. Anthony Family Shelter, Catholic Charities, Inc.: 264-7233
- Homeless Resource Center (Day Shelter): 265-9371
- Harbor House (Domestic Violence): 263-6000
- HumanKind Inn: 264-8051
- Salvation Army, Homeless Services (Women & families): 263-2196
- Union Rescue Mission (Men Only): 687-4673
- Wichita Family Crisis Center (Domestic Violence): 267-7233
- Affordable Housing – H.O.P.E., Inc 618 - 8652
- City of Wichita Housing Services Dept. – Section 8: 462 - 3700
- Habitat for Humanity, Inc. 269 - 0755
- Housing Services, Inter-Faith Ministries: 201 - 4107
- KSHOUSINGSEARCH.ORG (877) 428 - 8844
- Mennonite Housing Rehabilitation Services Inc. 942 - 4848
- Residential Services – MHA 685 - 1821
- Weatherization Assistance Program 262 - 7035

Rent & Utilities*

Center of Hope (Call Mondays 9-12 and 1-4 Only): 267-0222

Furniture*

His Helping Hands (by agency or church referral only): 838-8528

CLOTHING:

- Bread of Life (Tues 10am -1:45pm): 689-6866
- Dellrose United Methodist Church (by appt only): 684-5182
- Table of Hope Community Church (Tues 1-6 pm): 267-1852
- His Helping Hands (Sat 9-11:30am): 838-8528
- Immanuel Baptist Church (Thurs 9-11am): 262-1452
- Jehovah Jireh (Thurs/Fri 1-3:30pm & Sat 9am-11:30am) 312-9903
- Klothes Kloset (Mon, Wed, Fri 9am-2pm): 265-9371

All area codes are 316 unless printed otherwise

FOOD

Food Pantries

- Bread of Life (Tues 10am-1:45pm): 689-6866
- Giving Center (8-11am Tues & Wed, 5-7pm Thurs): 554-8924
- Our Daily Bread – CC (8:30am–12pm T-Th & 4th Sat): 264-8344
- Chisholm Trail Church of Christ (2nd & 4th Thurs 4-6pm): 683-1313
- Community Food Ministry (M-F 9-11:45am & 1-3:45pm) 267-4201
- Table of Hope Community Church (Tues 1-6pm) 267-1852
- Helping Hands (2nd and 4th Thurs 1-3pm Jan-Oct) 262-3425
- His Helping Hands (1st & 3rd Tues 4:30-6:30pm). 838-8528
- Jehovah Jireh (3rd week ONLY 1-3:30pm Thurs & Fri, 9 –11:30am Sat). 312-9903
- New Beginnings (1-3pm Wed) 267-6504
- Salvation Army (call for appt) 263-2769
- Simple House (11am-1:15pm M, 9:30am-12:15pm Tues) 265-9653
- Union Rescue Mission (by appt. only) 687-4673
- Westside Good Neighbor Center (8:30-11:30 Wed) .942-7349

Hot Meals/Sack Lunch/Dinner

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
5	1,2,5,7,9	1,5,6,7	1.5.7	1,3,5,7	1,5,7	5,8,4

- 1 Homeless Resource Center**, 402 E. 2nd N.: 265-9371
Lunch tickets given out 11-11:15am for homeless. Must have ticket to eat.
- 2 College Crest Church of Christ**, 2615 N Wellsley 686-1981 Lunch served 11 am – 1 pm
- 3 Grant Chapel, 2750 N. Hillside** 685-2682
Lunch served 12 pm – 1 pm
- 4 First Presbyterian Church**, 525 N Broadway St 263-0248 Breakfast served from 8-9:30am on 1st Saturday of the month
- 5 Lord's Diner**, 520 N. Broadway and 2825 S. Hillside 266-4966
Dinner served 5:30 pm – 7:30 pm Mobile locations call for details
- 6 Tabernacle Bible Church**, 1817 N. Volutsia. 681-3954
Lunch served 11:30 am – 12:45 pm
- 7 Breakthrough**, 1010 N. Main: 269-4160
Breakfast served 8:15-9am Mon-Fri.
- 8 St. Paul Lutheran Church**, 925 N. Waco 263-0810
Breakfast served 8-9:30 am (except 1st Sat of month)
- 9 Chisholm Church of Christ** (Heritage Park 115 E. William) 683-1313
Hand out dinner 5:00 pm

COUNSELING & MENTAL HEALTH

- Center City (COMCARE Homeless Program) 660-7800
- Center on Family Living, Friends University 295-5638
- COMCARE of Sedgwick County 660-7540
- Cana Counseling Services 263-6941 CRISIS INTERVENTION (Suicide Hotline) 660-7500 Counseling and Mediation Center 269-2322 Breakthrough 269-4160
- Family & Children Community Services—COMCARE 660-9600
- HealthCore Clinic 691-0249
- Higher Ground 262-2060
- HopeNet, Inc 684-4673
- Mental Health Association of South Central KS 685-1821
- Psychology Clinic, Wichita State University 978-3212
- KCSL Outpatient Mental Health - East 686-6671 Word of Life Counseling Center 619-5589

MEDICAL

- Embrace (STD testing).945-9400
- GraceMed Health Care Clinics (all locations) 866-2000
- Guadalupe Clinic (St. Francis). 264-8974
- Guadalupe Clinic-(Hillside) 201-1986
- Harry Hynes Memorial Hospice 265-9441
- Sedgwick County Division of Health 660-7300
- KanCare Clearinghouse (800)792-4884
- KanCare Ombudsman (855)643-8180
- HealthCore Clinic 691-0249
- Hunter Health 262-2415
- KU Wichita Internal Medicine - Midtown 293-1840
- KU Wichita Pediatrics 962-3100
- Mayflower Clinic (uninsured only) 558-3991
- Cairn Health 683-7559
- MERN (medical equipment, supplies, etc.) 942-6300
- Project Access 688-0600
- My County Cares – The One Card 660-7673
- Via Christi - Children's Miracle Network 946-5020
- Dental GraceMed Dental Clinic 866-2000
- HealthCore Clinic 691-0249
- Hunter Health Dental Clinic 269-0677
- MyCounty Cares – The One Card 660-7673