

Biennial Review
Cowley College
Drug and Alcohol Task Force
October 16, 2018

The Cowley College Drug and Alcohol Task Force (“Task Force”) met on October 16, 2018 in order to discuss the biennial review of the institution’s alcohol and other drug (“AOD”) prevention program.

The results of the biennial review are indicated below. These results have been used to revise the Alcohol and Other Drug Prevention Program dated December 12, 2016.

Please Note:

All substantive changes to the December 12, 2016 prevention plan are indicated below by highlighted text.

Program Description

Annual notification

Each employee and each student (who is taking one or more classes for any type of academic credit except for continuing education units) is provided annually with written materials that adequately describe and contain the following:

- a. Standards of conduct that prohibit unlawful possession, use, or distribution of illicit drugs and alcohol on Cowley College property or as a part of Cowley College activities.
- b. A description of the health risks associated with the use of illicit drugs and the abuse of alcohol.
- c. A description of applicable legal sanctions under local, state, or federal law.
- d. A description of applicable counseling, treatment, or rehabilitation or reentry programs.
- e. A clear statement of the disciplinary sanctions the institution will impose on students and employees, and a description of those sanctions.

Biennial review

The Task Force conducts a biennial review of prevention efforts by December 31 of each even numbered year. The results of the biennial review are made available on the Cowley College web site.

Written prevention program

The Task Force maintains a written prevention program. The prevention program is revised by December 31 of each even numbered year following completion of the

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biennial review. The written program is made available on the Cowley College web site.

Prevention Team

The members of the Task Force act collectively as prevention specialists for the institution. The primary responsibility of the Task Force is to provide direction regarding prevention efforts. The Executive Director of Student Affairs, a member of the Task Force, acts as liaison to the institutional management team, reviews and coordinates responses to Student of Concern reports, and supervises the process of alcohol and drug-related sanctions.

Alcohol-free options

- a. Alcohol-free events and activities are sponsored.
- b. Student service-learning or volunteer opportunities are created, publicized, and promoted.
- c. Community-service work is required as part of the academic curriculum in the social sciences.
- d. The campus offers a student center, fitness center, and other alcohol-free settings.
- e. The student center, fitness center, and other alcohol-free settings have expanded hours.
- f. Nonalcoholic beverages are promoted at events.

Upon review, the Task Force has changed recreation in (d) to fitness.

Normative environment

- a. The academic schedule offers classes Monday-Friday and online classes 7 days per week.
- b. Exams/projects require class attendance and academic responsibility.
- c. Substance-free residence options are available (all dorms are substance-free).
- d. The campus encourages an increase in academic standards.
- e. Faculty are encouraged to engage in a higher level of contact with students.
- f. Students are educated about misperceptions of drinking norms (e.g. Cowley Activity Awareness Team, BASICS, and AlcoholEdu).
- g. Student leadership in prevention is developed (student ambassadors, resident assistants, student organizations, Cowley Activity Awareness Team).
- h. Students have opportunities to advise and mentor peers (Cowley Activity Awareness Team).

Upon review, the Task Force has changed (a) from "The academic schedule offers core classes on Thursdays, Fridays and Saturdays" to "The academic schedule offers classes Monday-Saturday and online classes 7 days per week."

The Task Force team also changed "orientation leaders" in (g) to "student ambassadors."

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Alcohol availability

- a. Alcohol availability on campus is strictly limited to the conditions outlined in Policy 140.00, "Exemption from Alcoholic Beverages Policy."

Marketing and promotion of alcohol

- a. Alcohol industry sponsorship for on-campus events is very limited.
- b. Content of party or event announcements is limited.
- c. Alcohol promotion with special appeal to underage drinkers is banned.
- d. Alcohol promotions that show drinking in high-risk contexts are banned.

Policy development and enforcement

- a. On-campus functions must be registered.
- b. Attendees are subject to ID checks at on-campus functions.
- c. Violations of campus AOD policies result in disciplinary sanctions.
- d. AOD related offenses are subject to prosecution (police are called regarding all AOD related incidents).

Special conditions for student athletes

- a. Student athletes are subject to random testing for drugs of abuse.
- b. Student athletes are subject to disciplinary action and referrals for counseling based on off-campus alcohol or drug related violations.
- c. Student athletes who test positive for illicit drugs are monitored by way of follow-up testing.

BASICS

Brief Alcohol Screening and Intervention for College Students has been adopted as the primary method used in the mandatory counseling for student alcohol violations. The BASICS program is a screening and intervention program that is empirically validated for use with college students, and is endorsed by the U.S. Department of Education as a "Tier 1" strategy.

Prevention documentation

Task Force documentation is maintained on the Cowley College web site. Documents maintained there include the written prevention plan, the biennial review, and minutes of the Task Force meetings. The Task Force chair has primary responsibility for ensuring that these documents are accurate and up to date.

Cowley Activity Awareness Team (CAAT)

The Cowley Activity Awareness Team (CAAT) is an ongoing service learning and peer education project. The CAAT team is comprised of Cowley College students who have completed a peer education program.

Student of Concern

Student of Concern is a reporting program that permits concerned individuals (students, employees, parents, and others) to identify Cowley College students with unmet needs (including AOD issues) by way of a confidential report made through the

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Cowley College website to the Executive Director of Student Affairs.

Behavioral Intervention Team

Cowley College has in place a Behavioral Intervention Team, which includes members of the Drug and Alcohol Task Force, and is chaired by the Executive Director of Student Affairs. The mission of this team is to proactively and systematically manage problematic student behavior, including AOD related behavior.

Electronic Intervention

Cowley College has adopted AlcoholEdu and its related products as the institution's primary method of electronic prevention. AlcoholEDU has been added as an assignment in First Year Experience classes and is available to students, faculty and staff. AlcoholEDU for Sanctions will be used in conjunction with the BASICS program for students that receive AOD violations.

AlcoholEDU

Cowley College had adopted AlcoholEDU as the institutions primary method of preventions and to educate students, faculty and staff on alcohol, drug and other health related issues.

Upon review the Task Force has added the following statement to the Electronic Intervention Statement: "AlcoholEDU has been added as an assignment in First Year Experience classes and is available to students, faculty and staff. AlcoholEDU for Sanctions will be used in conjunction with the BASICS program for students that receive AOD violations."

The Task Force also added the following section:

AlcoholEDU

Cowley College had adopted AlcoholEDU as the institutions primary method of preventions and to educate students, faculty and staff on alcohol, drug and other health related issues.

Employee Involvement in Prevention

An ongoing project of the Task Force is to identify opportunities to involve employees in AOD prevention efforts.

Arkansas City Police Department

An ongoing project of the Task Force is to identify opportunities to involve representatives of the Arkansas City Police Department (ACPD) in AOD prevention efforts. ACPD is represented in Task Force meetings.

Priorities for Improvement of the AOD Prevention Program

During the 2019 and 2020 calendar years, the Task Force will focus on the following opportunities for improvement of the institutional prevention program:

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1. Electronic Intervention-SafeColleges

The Task Force will work to determine if SafeColleges is a more effective tool in educating staff, faculty and students about AOD and preventing drug and alcohol use on campus.

2. SafeColleges

The Student Life Counselor as well as the Task Force will review SafeColleges to determine if there is a better online education/prevention program for students that receive tickets for possession of drugs on campus.

3. Changes in Law

The Task Force will monitor the changes in Kansas Law regarding the possession and use of marijuana and update policies as needed.